The Right CGM for You

There are four continuous glucose monitor (CGM) products on the market today. Which is best for you depends on a number of things—especially your insulin delivery method. That’s a good place to start when shopping for a CGM.

Start Here

Do you use an insulin pump?

Yes

Do you use a Medtronic pump?

No

Do you use a Medtronic pump?

Yes

Is it the MiniMed 530G?

No

Is it a Tandem or Animas pump?

Yes

If you use a pump without an integrated CGM but still want continuous glucose readings, don’t fret. You can use Dexcom’s G5 Mobile system alongside any pump—but you will need to carry a receiver.

If you’re using Medtronic’s 530G pump, then you have a CGM—they’re sold as a unit. The setup includes a pump that shows glucose readings on its screen, a glucose sensor, and CGM transmitter.

Good News: Both the Animas Vibe and Tandem T:slim G4 pumps have an integrated Dexcom CGM; they don’t work with the newer Dexcom G5 Mobile system. NOTE: Other pumps by Tandem and Animas don’t have an integrated CGM.

There’s only one stand-alone CGM on the market: Dexcom’s G5 Mobile device. BONUS: The G5 sends glucose data and alerts directly to smart devices (Apple only at the moment), so there’s no need to carry around a separate receiver, though you can use one if you’d like.

Update! Since Diabetes Forecast published this guide to CGMs, the Medtronic MiniMed Revel has begun working with the Enlite sensor. It now has full CGM capabilities.

For more on the CGMs and their features, flip the page.