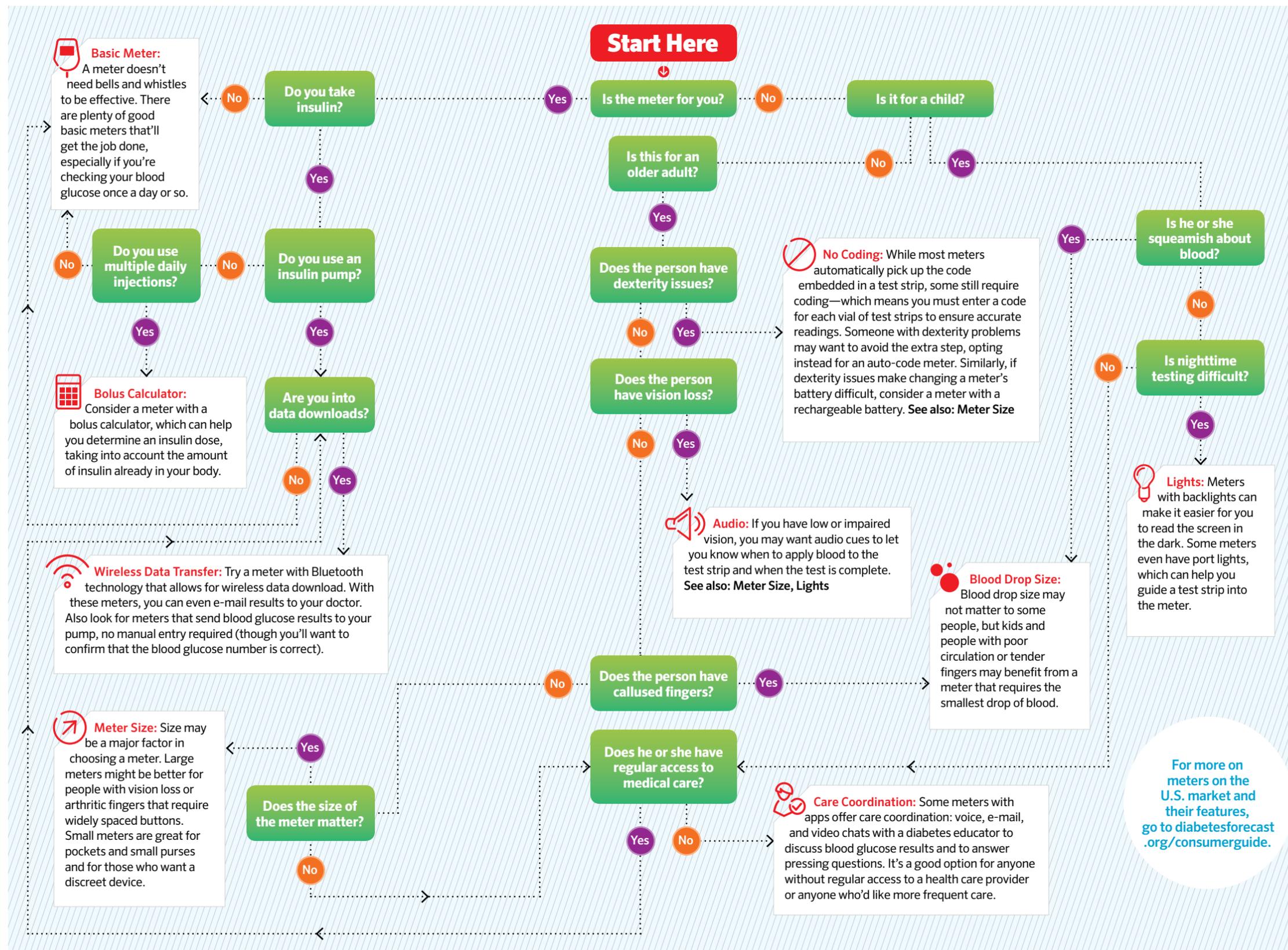


The Right Meter for You

You may not have chosen your first meter. Maybe your doctor gave one to you or perhaps you purchased the first model you found at your local pharmacy. But with dozens of meters on the market, it pays to do some research and find a device that fits your lifestyle. The first step: Start with the decision tree (at right) and find out which features will best suit you.



Before choosing a meter, be sure to check which brands of test strips are covered by and are least costly on your health insurance plan.



For more on meters on the U.S. market and their features, go to diabetesforecast.org/consumerguide.