

# Advocate to Stop Diabetes® in African American Communities

## The Diabetes Epidemic

Unless we take action, one in three adults in this country will have diabetes by 2050, placing them at increased risk for developing complications including blindness, amputation, kidney failure and heart disease.

## The African American Diabetes Epidemic

13.2% of African Americans aged 20 years or older have diagnosed diabetes. African Americans are 70% more likely to have diagnosed diabetes compared to Non-Hispanic Caucasians.

## The American Diabetes Association Advocates for:

- **Promoting Health Equity** with increased diabetes research, treatment and education in minority populations.
- **Preventing Diabetes** including federal and state support for proven diabetes prevention efforts.
- **Funding for Diabetes Research and Programs** including increasing the overall government commitment to stopping diabetes. We make a special effort to increase the research and monitoring of gestational diabetes.
- **Access to Health Insurance** that is affordable and provides access to the tools to prevent and manage diabetes and its complications.
- **Ending Discrimination** people with diabetes face at school, work and elsewhere in their lives.

Join us and speak up for your community! Sign up at [diabetes.org/takeaction](https://diabetes.org/takeaction) to get information on how you can take action to Stop Diabetes. Together, we tell our elected leaders diabetes is a growing epidemic they cannot ignore.



 American Diabetes Association.



*Maudene Nelson, Volunteer Advocate and African American Diabetes Action Council member with Congressman Eliot Engel of New York.*

If you feel you are being treated unfairly because of your diabetes, call the American Diabetes Association at 1-800-DIABETES (1-800-342-2382) to get help.