

Advocate to Stop Diabetes® in Asian American, Native Hawaiian and Pacific Islander Communities

The Diabetes Epidemic

Unless we take action, one in three adults in this country will have diabetes by 2050, placing them at increased risk for developing complications including blindness, amputation, kidney failure and heart disease.

The AANHPI Diabetes Epidemic

9% of Asian Americans, aged 20 and older, have diagnosed diabetes. Asian Americans are around 20% more likely to have type 2 diabetes than their non-Hispanic white counterparts.

The American Diabetes Association Advocates for:

- **Promoting Health Equity** with increased diabetes research, treatment and education in minority populations.
- **Preventing Diabetes** including federal and state support for proven diabetes prevention efforts.
- **Funding for Diabetes Research and Programs** including increasing the overall government commitment to stopping diabetes. We make a special effort to increase the research and monitoring of gestational diabetes, which has a greater impact on Asian American mothers and their babies.
- **Access to Health Insurance** that is affordable and provides access to the tools to prevent and manage diabetes and its complications.
- **Ending Discrimination** people with diabetes face at school, work and elsewhere in their lives.

Join us and speak up for your community! Sign up at diabetes.org/takeaction to get information on how you can take action to Stop Diabetes. Together, we tell our elected leaders diabetes is a growing epidemic they cannot ignore.



If you feel you are being treated unfairly because of your diabetes, call the American Diabetes Association at 1-800-DIABETES (1-800-342-2382) to get help.

Yvonne Lee, Volunteer Advocate and Asian Pacific American Diabetes Action Council member at our biennial Call to Congress