

Advocate to Stop Diabetes® in Latino Communities

The Diabetes Epidemic

Unless we take action, one in three adults in this country will have diabetes by 2050, placing them at increased risk for developing complications including blindness, amputation, kidney failure and heart disease.

The Latino Diabetes Epidemic

12.8% of Latinos in the United States, aged 20 and older, have diagnosed diabetes and Latinos are 70% more likely to have diagnosed diabetes compared to non-Latino Caucasians.

The American Diabetes Association Advocates for:

- **Promoting Health Equity** with increased diabetes research, treatment and education in minority populations.
- **Preventing Diabetes** including federal and state support for proven diabetes prevention efforts.
- **Funding for Diabetes Research and Programs** including increasing the overall government commitment to stopping diabetes. We make a special effort to increase the research and monitoring of gestational diabetes, which has a greater impact on Latina mothers and their babies.
- **Access to Health Insurance** that is affordable and provides access to the tools to prevent and manage diabetes and its complications.
- **Ending Discrimination** people with diabetes face at school, work and elsewhere in their lives.

Join us and speak up for your community! Sign up at diabetes.org/takeaction to get information on how you can take action to Stop Diabetes. Together, we tell our elected leaders diabetes is a growing epidemic they cannot ignore.



If you feel you are being treated unfairly because of your diabetes, call the American Diabetes Association at 1-800-DIABETES (1-800-342-2382) to get help.



State Advocacy Director, Veronica De La Garza (left) and Volunteer Advocate, Julie Guerra (right) at our biennial Call to Congress