Taking A Stand Against DIABETES
THE MISSION OF THE AMERICAN DIABETES ASSOCIATION IS TO PREVENT AND CURE DIABETES AND TO IMPROVE THE LIVES OF ALL PEOPLE AFFECTED BY DIABETES.
The fight against diabetes has never been easy, yet 2006 presented us with some truly extraordinary challenges. It was a year of sobering news that touched our souls, strengthened our resolve, and brought out the best of the American Diabetes Association and the diabetes community at large.

New statistics set the backdrop for our battle, illustrating quite clearly that the challenge of diabetes continues to grow. This year we learned that the total number of people with diabetes, compared with two years ago, is up 14 percent, to nearly 21 million, and 6 million of these have diabetes but don’t know it. The number of new cases of diabetes per year is now estimated to be 1.5 million. Our nation is affected dramatically by the epidemic of diabetes, but fortunately, your American Diabetes Association is here to provide commitment, leadership, hope, and resources now and for the future.

Working together with volunteers, staff, donors, industry and community organizations, we helped ensure that people with diabetes had the equipment and supplies they needed in those states ravaged by Hurricanes Katrina, Rita, and Wilma from late 2005. We also collaborated with our colleagues at the American Cancer Society and the American Heart Association to contribute $1 million to the Bush/Clinton Katrina Fund to support overall relief efforts. Led by our ever-passionate Diabetes Advocates, we took a stand against national legislation that would have overturned our hard-won efforts in 46 states to guarantee insurance coverage for people with diabetes. We advocated for the promise of stem cell research and championed our Safe at School campaign, ensuring that kids with diabetes stay medically safe and have the same educational opportunities as their peers. And through our volunteers in legal advocacy, we scored several important victories that reinforced the principle that employment abilities of people with diabetes should be assessed on an individualized basis.

Thanks to the Association’s efforts, doctors and health plans that are committed to quality care will now work to achieve the Association’s guidelines for A1C less than 7.0% and blood pressure less than 130/80.

In communities across the country, the American Diabetes Association continues to lead the way with innovative research, information and education programs for people with diabetes and the health care professionals who serve them. For example, the ADA Research Foundation hosted three regional Pinnacle Society Meetings that featured the most prominent scientists and their ADA-funded projects. Working with the Guidant Foundation, we introduced a new comprehensive information kit for African American community groups to use to help stem the tide of diabetes and cardiovascular disease. In Hispanic/Latino communities, we reinvigorated our approach under the new banner of “Por Tu Familia” (“For Your Family”) and tested new community interventions. Supporting all our efforts are the Association’s comprehensive Web site, diabetes.org, and National Call Center, 1-800-DIABETES, which provide information and hope to millions each year.

As we reflect upon our time as your volunteer leaders, we are extremely proud to have served in a year that saw the triumph of the human spirit over tragedy, and the collective might that can be achieved when we work together to take a stand for people with diabetes in our ongoing fight against this terrible disease.
This annual report represents a hybrid. The financial information reflects the move to align the fiscal year to a calendar year, so the financials you will see reflect activity during 2006. But we wanted to give you a fuller picture of all of the activities the American Diabetes Association has undertaken since the last annual report, so we will be talking about 18 months worth of research, volunteerism, advocacy and information.

In January, I took over the role of interim CEO. That transition, as well as the fiscal transition, has presented a backdrop of change to the strong foundation that is ADA’s dedication to its mission: to prevent and cure diabetes and improve the lives of all people affected by diabetes.

Because of this strong foundation, some things are not changing. The staff and volunteers of ADA continue to work together, and people continue to reach out to ADA for help, through the National Call Center, through our Web site, diabetes.org, through our community events such as Diabetes EXPO, and more.

But some things are changing, both within ADA and outside of the organization.

Outside of ADA, more people than ever are touched by diabetes as its prevalence grows to have an impact on more than 4,100 people who are diagnosed with diabetes each day. In response, more organizations have sprung up as competition in the diabetes “marketplace.” Our constant is that ADA retains its leadership role by offering an objective, scientific and reasoned voice about diabetes and a personal resource to those affected by diabetes. But we take nothing for granted about our leadership role and we’ve made shifts to become much more customer-focused, with a strategic plan in development that looks at how we can best serve the person with diabetes. We have done a better job at getting the word out that it is ADA who can help, with outreach to the business community about the costs of diabetes, with our community events such as Diabetes EXPO, and with our media messages such as American Diabetes Alert Day and American Diabetes Month. And we have re-examined how we can generate the revenue we need to continue our fight against diabetes.

As diabetes affects more people, ADA rises to the challenge. We have funded $43.3 million in research in 2006, funding more than 500 grants at more than 190 leading research institutions in the country. We have advocated for research and prevention funding, for stem cell research, for diabetes health coverage, and for an end to discrimination against those with diabetes.

The theme of our report this year is Taking a Stand Against Diabetes. Nothing could be more apt to describe this year for the overall diabetes community and the American Diabetes Association’s volunteers and staff. This 18-month period was dominated by facing threats head-on, taking a stand, and doing what was right for people with diabetes. When tragedy struck with Hurricanes Katrina, Rita, and Wilma, the ADA community answered with direct financial assistance, information and education, and volunteer service in communities where it was most needed.

When the Senate prepared to vote on draconian legislation that would have resulted in the loss of critical health coverage guarantees for millions of people with diabetes, ADA again took a stand and protected the health and security of all people with diabetes.

To make us stronger in all of our activities, we made changes to our volunteer and staff structures that allow us to pursue our mission more efficiently and effectively and to receive ongoing input for strategic planning from the perspectives of both community-based and scientific and medical volunteer leaders.

We’re heading into an exciting time for ADA, a time in which we are being asked to grow and adapt to meet the needs of more people with diabetes as well as their families. If we stand together, we will make an extraordinary difference in the fight against diabetes.
One of the many ways in which the American Diabetes Association is taking a stand against diabetes is through its Research Program. In 2006 we provided a record $43.3 million toward funding research to combat type 1 and type 2 diabetes in people of all ages and races. These funds, raised from individuals, corporations, and philanthropic organizations, support more than 500 awards at over 190 leading research institutions in the country.

Research program highlights from 2006 include:

- A new Cardiovascular Complications in Diabetes Postdoctoral Fellowship Award was created thanks to funding support from Takeda Pharmaceuticals North America, Inc. This new fellowship will pair young researchers with established investigators in order to provide the necessary training for these fellows to become successful researchers specializing in diabetes and cardiovascular disease.

- A new undergraduate internship for minority students was funded. Through this program, a minority college student works in the laboratory of an ADA-funded investigator in order to gain diabetes research experience. It is our hope that this program will help spawn the next generation of diabetes researchers and clinicians searching for a cure.

- A second Richard and Susan Smith Family Foundation Pinnacle Program Project Award was given, thanks to another generous donation from the Richard and Susan Smith Family Foundation. The group of researchers funded by this grant will focus on searching for new metabolic pathways that contribute to obesity and type 2 diabetes.

- The American Diabetes Association has been supporting the Veterans Administration study, Glycemic Control in Complications in Diabetes Mellitus Type 2, which is nearing completion.

- Anthony Carruthers, PhD, of the University of Massachusetts School of Medicine, and Pamela J. Fink, PhD, of the University of Washington, have been named the winners of the 2006 Gail Patrick Innovation Award for their projects, Can we prevent HIV-protease inhibitor-induced insulin resistance by understanding GLUT4 inhibition? and Induction of tolerance to pancreatic antigens in recent thymic emigrants, respectively. The Gail Patrick Innovation Award is given to the two Innovation Award applicants receiving the best reviewer scores each year. The award is named in memory of Gail Patrick, the first national chair of the American Diabetes Association Board of Directors, and was made possible by a gift from her estate.

- Zheng-Gen Jin, PhD, from the University of Rochester Medical Center in Rochester, New York, received the 2006 Thomas R. Lee Award. This award goes to the Career Development Award applicant who receives the highest reviewer score on his/her application each year. Dr. Jin will receive the award for his study titled Molecular basis for diabetes-associated endothelial dysfunction.

- Forefront research magazine continues to highlight ADA-funded diabetes research and provide updates on the latest diabetes research around the country.

Over the years, the Association has invested over $400 million and provided funding for more than 4,000
research projects, with a continuing emphasis on training new investigators and pursuing novel strategies for curing, treating and preventing both type 1 and type 2 diabetes.

The ADA publishes the leading peer-reviewed scientific journals *Diabetes* and *Diabetes Care*. Each year we convene and support the research community by hosting the largest diabetes scientific meeting in the world. This year’s 66th Annual Meeting and Scientific Sessions in Washington, D.C., brought together more than 17,500 scientists, health care professionals and other members of the diabetes community to discuss all major areas of basic and clinical research.

In the past year, we have come closer than ever to meeting our biggest challenge—a cure. In the meantime, the Association continues to fund medical research that improves the lives of millions of people with diabetes and those at risk for developing the disease.

Having worked on diabetes research and treatment for more than 15 years, I have witnessed the devastating effects this disease brings to the lives of people who suffer from it. I have also seen the pain and suffering experienced by their families. Throughout this time, the remarkable advancements made in the field of research through the help and support of the American Diabetes Association have been numerous. However, much progress remains to be made in understanding type 1 diabetes and its complications, as well as type 2 diabetes. This is especially true with type 2, as we observe an alarming increase in the number of people diagnosed with the disease, and millions more at risk to develop it.

My colleagues and I in the research community continue to work diligently to find a cure, and we rely on funding from ADA to make this a reality. The focus of my research is in islet cell transplantation for the treatment and potential cure of diabetes. Successful results are only possible with generous support, and this type of scientific investigation simply could not be possible without ADA.

A successful outcome of my ADA grant would lead to the use of an alternative site to implant the insulin-producing islet cells into patients receiving islet cell transplants. Currently, the liver is the site that is used, but it does not offer an “islet friendly” environment for the cells to live and produce insulin. We are looking at the pancreas and omentum as more effective sites to place the islets, with the goal of removing the need for patients to take insulin.

Another area of great potential in diabetes research is in the development of a safe and reliable source of insulin-producing islet cells to meet the overwhelming need for these cells. My laboratory has experienced exciting preliminary results in generating cell lines using adult-derived tissue sources.

These and other types of research hold tremendous promise and can pave the way to a healthier and happier future for people affected by diabetes. It is essential that ADA continue to fund important research that can lead to new and better treatments, and ultimately a cure. Thanks to donor support and commitment, ADA remains at the forefront of the battle to defeat diabetes.
In 2006 the American Diabetes Association Research Program played an even more critical role in funding diabetes research in this country. Due to the reduced funding levels at the National Institutes of Health (NIH), more scientists are turning to ADA for research grants. In 2006 we received 1,264 grant applications. Despite this large number, we were still able to fund approximately 20 percent of the applications we received—more than twice the funding level of NIH. This increase in applications means that our program is now even more competitive, and the projects that we fund are chosen from an even larger pool of talented scientists. This also means that more applications have to be reviewed by our Research Grant Review Committee (RGRC).

A number of excellent researchers have stepped up to the plate in order to help us increase the volunteer membership of the RGRC and provide thoughtful, unbiased reviews of each grant application we receive. In 2006 we added 30 additional scientists to the committee, bringing the total membership to an all-time high of 130.

In an effort to continue our aggressive support of young scientists, the Association launched two new programs in 2006. The new Cardiovascular Complications in Diabetes Postdoctoral Fellowship Award will pair young researchers with established investigators who provide training and mentoring in the area of diabetes and cardiovascular disease. The second new program focuses on future researchers even earlier in their educational career as undergraduate students. The American Diabetes Association Minority Undergraduate Internship Program enables minority students earning their bachelor’s degree to have the opportunity to work in the laboratory or clinical setting with an ADA-funded researcher. During the internship they not only learn about the science behind diabetes, but they also learn research techniques that will give them an edge as they continue their education and enter the research arena.

My first year as Chair of the Research Policy Committee has been a rewarding one. The evidence that our research program has grown is a sign that ADA’s dedication to research is needed more than ever, and the Association’s response to this growth shows the world that it is as committed as ever to taking a stand against diabetes.

Robert R. Henry, MD
Chair, American Diabetes Association Research Policy Committee
The ADA Research Foundation had an exciting and productive year, thanks to your support. I am exceptionally pleased to announce that the ADA Research Foundation has funded an unprecedented $43.3 million to help take a stand against type 1 and type 2 diabetes this year. There has never been a greater time to support such a worthy cause.

It is through your past support, strong research, and an increasing awareness of diabetes that the ADA Research Foundation is continually motivated to find a cure and prevent this disease. Each dollar given to the ADA Research Foundation supports one of the 500 awards given to 190 institutions in the United States. While the researchers study options to prevent and cure diabetes, it takes you, the donors, to move ADA forward and turn those theories into reality.

Traveling throughout the country, I have the good fortune of meeting many dedicated donors—true philanthropists—taking a stand against diabetes. It is rewarding to meet so many Pinnacle Society and Summit Circle members, each with a personal passion and story, coming together to support scientific discovery that will continue to improve lives and to search for a cure for diabetes.

Consider the following. Cathy Bernstein, a Research Foundation Board Member, has been working tirelessly all year—traveling across the country to help share our story of hope. Motivated by her husband, Stan, who has type 2 diabetes, Cathy volunteers her time to promote diabetes awareness and organize various fundraisers. Another example is Joe and Judy Cook, who are considered two of ADA’s most devout philanthropists. Due to their past pharmaceutical successes, Joe, a former Research Foundation Board Member, and Judy know the importance of giving back to the community and teach their children the importance of giving back as well. I am very excited that they have made an impressive personal financial commitment to ADA this year, and we appreciate their support. They are just a few of the inspiring donors it takes to facilitate a collaborative effort to fund research.

We are also pleased to announce that several private foundations have donated an impressive $3.1 million to ADA. Compounded with the support from our corporate friends, this collective impact will pave the way for further diabetes research. And each year we are adding to our family of individual donors, as we have inducted 247 new Summit Circle members who pledged a gift from their estate plans. These incredible steps forward are because of you and so many other individuals whose gifts to the American Diabetes Association have helped to sponsor talented researchers working to find the answers.

The ADA Research Foundation appreciates the research opportunities you have made possible through your generous philanthropy. Diabetes research is definitely moving forward and we all stand to benefit from this work.

Thank you for your continued generosity.

Don Wagner
Chair, American Diabetes Association Research Foundation
DONOR PROFILES

Bill and Dee Brehm

When they married, Bill and Dee Brehm of McLean, Virginia, knew diabetes would always be an important part of their lives. Dee had type 1 diabetes, and her doctor predicted she would not live long or be able to have children.

That was a half century ago. Today, the Brehms have two children and six grandchildren.

Dee is well. She is one of about 500 Americans to survive type 1 diabetes for as long as she has and to be free of complications.

Now, the Brehms are determined to help find a cure. “It has been our dream that we might be in a position to be helpful in the area of diabetes research,” Dee explains. In recent years, they have given more than $40 million to foster multifaceted research on type 1 diabetes, emerging as philanthropic leaders in the field.

The Brehms are strong advocates of the need to consider the entire picture and to foster dialogue and collaboration among individuals engaged in the complex process of seeking a cure for diabetes.

Their thinking is influenced by the systems approach that Bill used successfully in his career as a former Pentagon official and as founder and chair of SRA International, a technology government contractor devoted to finding complete solutions to complex systems problems.

The couple have donated unrestricted funds toward research sponsored by the ADA Research Foundation and have hosted local events to encourage giving by others.

The generous support of people like the Brehms makes a major impact in the fight for a cure.

Takeda Pharmaceuticals North America, Inc.

The American Diabetes Association Research Foundation announced a $1.425 million commitment by Takeda Pharmaceuticals North America, Inc., to support two diabetes-related fellowship programs.

The first program, which Takeda has sponsored for more than three years, is the ADA-Takeda Pharmaceuticals Mentor-Based Minority Postdoctoral Fellowship Program. The first-time collaborative effort met with great success, which resulted in its recent expansion.

Launching the newly created ADA-Takeda Pharmaceuticals Cardiovascular Complications in Diabetes Postdoctoral Fellowship Program in 2006 is a logical progression that builds on previous success.

“Supporting the careers of rising diabetes researchers is important because they may hold the key for future advances in the fight against diabetes,” said Don Wagner, Chair, ADA Research Foundation. “The newest fellowship program also recognizes that the most life-threatening consequences of diabetes are heart disease and stroke and promotes professionals focused on those areas of need.”

Given that diabetes disproportionately affects minority populations, ADA works to recruit and train young scientists from these impacted communities. Trends show that African Americans, Hispanics/Latinos, Native Americans, and some Asian Americans, Native Hawaiians, and other Pacific Islanders are at particularly high risk for type 2 diabetes.

These prestigious ADA-Takeda-funded learning environments will give some of this country’s most promising diabetes researchers the opportunity to work under the tutelage and mentorship of established diabetes research investigators.

“Takeda’s mission is to strive toward better health for individuals,” said Robert Spanheimer, Medical Director, Diabetes and Metabolism in Medical and Scientific Affairs at Takeda Pharmaceuticals North America, Inc. “If we can help bring new research to the market through our relationship with ADA, we’re one step closer to helping those individuals and the greater community achieve better health. We’re confident that this is the right collaboration to help us do that.”
Order of the Amaranth Diabetes Foundation

Throughout the country, the 27,000 members of the Order of the Amaranth make their big push. In some states, they sponsor charity balls or golf tournaments. In others, they hold bake sales or collect donations outside major retail stores, which often make matching contributions. In Alaska, they have sold molded chocolate moose.

Since 1979, the annual outburst of fundraising activity has had one goal—to raise money for diabetes research—and Amaranth members have succeeded beyond all expectations. Under a partnership with ADA, they have donated more than $88 million.

“Our members work very hard for diabetes research,” says Emily Moyer, past president of the Amaranth Research Foundation Board of Directors. “Most are women and men in their 50s and 60s. They are interested in the onset of diabetes later in life, but they also have children and grandchildren for whom they would like to see a world free of diabetes. So they believe in what they’re doing.”

An international, Masonic-affiliated organization, the group has courts in England, Australia, Scotland, the Philippines, and Canada, and is represented in most U.S. states.

“All of the money we raise goes to research,” explains Moyer. “No expenses are taken out, and our members volunteer their time.

“For us, this remains a very gratifying long-term philanthropic project,” she continues. “There’s no greater satisfaction than knowing that you have been part of something good. A gift to ADA benefits all. It eliminates the ‘it’s all about me’ attitude so many people have and results in ‘it’s all about us.’ I think our involvement goes to show that there’s a great need for organizations like the Order of the Amaranth. I urge other groups to take part.”

Warren/Sodden/Hopkins Family Foundation

California trial attorney and Pinnacle Society member Bob Warren never imagined creating a foundation to make gifts to the American Diabetes Association. “Our family has always given to charity, but I’m not very wealthy, just a well-compensated lawyer,” he says. “Then my accountant explained that I could give away more money—and over a longer period of time—if I created a family foundation. Was he ever right!”

Since 1994, the Foundation has donated in excess of $1 million to charities, including more than $264,000 in support of ADA’s Research Program. Currently money from the Foundation supports the ADA Islet Cell initiative to fund cutting-edge research for a cure. Warren’s daughter-in-law, Carol Ann, a nurse, has lived with type 1 diabetes for nearly 30 years.

“Giving to ADA through the Foundation has been immensely satisfying, and it has allowed us to immerse ourselves in the most promising medical investigations. We’ve met ADA-funded researchers and followed their progress closely. It’s been very exciting.”

Warren is determined to convince others to establish similar giving vehicles. “Many people are intimidated by the idea of creating a foundation. They think it’s a complicated process. Not so.”

“With a foundation or donor-advised fund,” he says, “you can give more to charities and less to the government, and you can stretch your giving out rather than make an outright gift of cash all at once.”

2006 Grants Sponsored by the Order of the Amaranth Diabetes Foundation

Catherine S. Barnes, PhD
Emory University School of Medicine
Atlanta, Georgia

Sheri R. Colberg, PhD
Old Dominion University
Norfolk, Virginia

Steven P. Marso, MD
Mid American Heart Institute
Kansas City, Missouri

Jeffrey David Zahn, PhD
Pennsylvania State University
College of Medicine
Hershey, Pennsylvania

Members of the Order of the Amaranth: Peggy Rudd and Robert Breckenridge (seated); (left to right) Emily Moyer, Gayle Norberg, Ed Scott, Monya Boggs, Elsie Ervin, Dianne Dean, and James Rudell.
The American Diabetes Association makes every effort to provide the public with the most up-to-date information to help take a stand against diabetes.

Diabetes.org is widely recognized as the number one diabetes Web destination, averaging more than 1 million monthly visits and 97 million page views each year. Visitors can access information such as healthy living, research, advocacy, publications, and community activities.

The National Call Center, 1-800-DIABETES, offers comfort to more than 25,000 callers each month. Trained staff provide information on diabetes and ADA activities, process donations, and send free information.

ADA's Education Recognition Program (ERP) supports recognized programs in maintaining the National Standards for Diabetes Self-Management Education and assists new programs to develop diabetes education services that meet the standards. This program ensures that people with diabetes receive quality and comprehensive self-management education in 1,995 currently recognized programs at almost 3,000 U.S. sites. The ERP is one of two deemed certifying bodies by the Centers for Medicare and Medicaid (CMS) to accredit diabetes education programs.

Publications With more than 210 titles in print, ADA is recognized as the world’s leading publisher of books for people with diabetes and the health care professionals who treat them. Now in its fourth edition, ADA’s bestselling book, The Complete Guide to Diabetes, has more than 700,000 copies in print. Over 70 ADA titles have been translated into 17 different languages and distributed in more than 40 countries.

The Association is also the world leader in magazines and journals about diabetes. Our award-winning monthly lifestyle magazine, Diabetes Forecast, helps people with diabetes and their families lead normal, healthy lives by providing comprehensive and timely information and support on all aspects of diabetes treatment, management, and self-care.

Our prestigious peer-reviewed journals, Diabetes and Diabetes Care, are among the world’s most cited journals of basic and clinical diabetes research. Diabetes Spectrum, ADA’s journal for diabetes educators, translates the latest clinical research into practical strategies for patient education. Finally, our clinical review journal, Clinical Diabetes, and tabloid news magazine, DOC News, help to provide continuing education for primary care physicians who treat people with diabetes in the United States.

To pursue its mission to provide high-risk populations with information and support, the Association’s community programs target African Americans, Native Americans and Hispanics/Latinos.

Native American Initiatives: Awakening the Spirit promotes messages about the seriousness of diabetes to Native American communities, including American Indians, Alaska Natives, and Native Hawaiians. A series of awareness materials, community-based events and advocacy activities reflect the cultural significance of honoring the past, adhering to the wisdom of tribal elders, and leaving a legacy for the future. The Advocacy Toolkit, a culmination of the advocacy efforts of Awakening the Spirit volunteers and ADA, is now available online.
**Latino Initiatives: Por Tu Familia**  
ADA’s Latino program is known as Por Tu Familia—or “for your family” in English. Bilingual materials targeting the Hispanic/Latino community are an integral part of our outreach efforts to help improve the quality of life for Hispanics/Latinos with diabetes. From books to brochures, our publications provide information on topics ranging from cooking with a Latin flair, to being more physically active, to maintaining a healthy weight. Community-based activities, such as our informative workshops, allow community members to learn more about diabetes and the importance of nutrition and exercise. Also part of the Por Tu Familia program is the Hispanic/Latino signature event known as Feria de Salud Por Tu Familia.

**Youth Programs**  
The Association created a new Youth Strategies Team to bring greater synergy and focus to all ADA does for children and families. Major efforts have focused this year on gathering external and internal data to identify areas of need and opportunities for growth in the youth arena.

The Family Resource Network (FRN) has grown to 32 sites nationwide and continues to focus on peer-to-peer support, social and educational activities for families, and school advocacy information, training and support.

Updated Wizdom® kits continue to be distributed to families via health care providers’ offices in markets implementing the FRN within weeks after diagnosis. New elements were added to ADA’s Youth Zone on diabetes.org.

ADA continues to be the largest provider of diabetes camping services for children with diabetes, with more than 10,000 children of all ages attending day and resident camp programs as well as weekend retreats and one-day events each year. A Counselor-in-Training Program and standard Medical Management Guidelines tools have enhanced this year’s program. In addition, newly developed “Camper Memory Books” help children reflect on their ADA camp experience and stay active with ADA.

**Diabetes EXPO**  
Almost 70,000 people attended 17 ADA Diabetes EXPOs in 2006 and those events made almost a $1 million net profit. EXPOs continue throughout the United States to showcase ADA through our ADA World, reach thousands of people, recruit hundreds of volunteers and raise thousands of dollars.

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**PROFILE**

**Feria de Salud Por Tu Familia**

Salsa dancing. Festive music. Delicious food. Is this really a health fair?

ADA’s Feria de Salud Por Tu Familia has broken the mold in reaching out to the Hispanic/Latino community with important health messages about diabetes and healthy lifestyles in a celebratory fashion.

Every year, communities across the nation look forward to Feria, an outdoor event that reaches thousands of Hispanics/Latinos. The health fair is unique in that it focuses entirely on diabetes. This year, Ferias created awareness-reaching nearly 43,000 people in eight cities—about the risk factors associated with type 2 diabetes and the seriousness of diabetes complications.

Feria captures the festive elements of a street fair, but maintains the important aspects of choosing and managing a healthier lifestyle for the entire Hispanic/Latino family. The festival includes “Everybody Dance for Your Health!” and “Health and Flavor in the Latino Kitchen,” two activities that promote increased activity and healthier eating and food preparation to prevent type 2 diabetes and to manage the disease. Feria also offers nutritional information, speakers on diabetes-related topics, and a variety of product and service booths.

Feria is planned, organized, and managed through local ADA staff and an active volunteer committee, which includes members such as Frank Hernandez. Frank, who works at the Orange County Health Care Agency, chairs the Feria in Santa Ana, California.

“Ferias are so important because the events deliver resources directly to a community that has limited economic resources and access to transportation,” Frank said. “These resources provide easy access to care that can result in early diagnosis of diabetes and prevention of diabetes complications.”

Now that’s something worth celebrating.
For more than 60 years, people from all over the country have decided to take a stand against diabetes by supporting the American Diabetes Association. Donors help promote the Association’s mission by increasing awareness and raising much-needed resources.

**America’s Walk for Diabetes**
America’s Walk for Diabetes, the largest signature event of the American Diabetes Association, annually brings together hundreds of thousands of participants and volunteers in nearly 300 communities nationwide to raise funds that help further ADA’s mission. Friends and family, organizational, corporate and national teams, as well as individuals, join together to solicit donations, exercise with others, and enjoy a fun, cause-driven event. America’s Walk for Diabetes also enlisted the financial and in-kind support of a variety of organizations, companies, and media outlets to help make the overall event a $21 million success in 2006. In 2007, ADA will launch a bold new initiative called *Step Out to Fight Diabetes*. This fresh new approach will replace America’s Walk for Diabetes, the traditional walk fund-raiser. To *Step Out* in your community, call 1-888-DIABETES or visit [diabetes.org/stepout](http://diabetes.org/stepout).

**School Walk for Diabetes**
The goal of the Association’s School Walk for Diabetes program is to teach children about diabetes, health, and nutrition while raising funds to support ADA’s fight against diabetes. As part of the program, ADA has developed a series of classroom lessons for grades K-12 that align with the National Health Education Standards and National Standards for Physical Activity. Students also have the opportunity to help others while earning hours toward community service requirements. In the 2006 academic year, more than 1,500 schools participated in School Walk for Diabetes, raising nearly $4.5 million for the American Diabetes Association.

**Father of the Year**
In its sixth year with the Father’s Day Event, the Association recognized 80 dads who demonstrate a commitment to fatherhood and family, while balancing a successful professional career and civic responsibilities. In June 2006, Father’s Day Councils in 18 cities hosted Father of the Year Awards dinners, raising more than $2.5 million to benefit ADA. The fathers were honored for their commitment to family, to community, and to all people affected by diabetes.

**Community Campaign for Diabetes**
In 2006, more than 735,000 volunteers participated in the Community Campaign for Diabetes. This grassroots program had participants sending letters to their neighbors, family friends, and co-workers, asking them to take ADA’s Diabetes Risk Test and to support the Association. The nationwide effort reached more than 6 million people and raised $9.1 million.
Always and Forever Memorial and Honor Program

Donors can remember a loved one with a memorial or honor gift celebrating a wedding, birthday, anniversary, birth, or the passing of a dear friend or family member. More than $7.2 million in contributions were raised in 2006 for this program.

Direct Mail Program

In 2006, more than 1.1 million gifts were made for a total of $32.5 million through the direct mail program. In addition to fund raising, the direct mail program also focused on public information, reaching more than 5 million individuals with information about diabetes and the efforts of the American Diabetes Association.

Profile

Tour de Cure

With record attendance numbers and blockbuster revenue figures, this year’s Tour de Cure is a shining example of people coming together to take a stand against diabetes.

Celebrating 15 years as the nation’s largest diabetes cycling event, the Tour provides avid and recreational cyclists alike a meaningful opportunity to raise money for diabetes research and education.

This year, more than 3,000 team captains led nearly 32,000 riders on 80 rides throughout the United States. In all, riders raised over $12.7 million, an incredible 12 percent increase over last year.

ADA added star power to this year’s Tour with cycling legend and three-time Tour de France champion Greg LeMond as the Tour’s Honorary Chairperson. LeMond urged individuals and families to join the Tour and was on hand at many events to present the top fund-raisers with the Champion for Diabetes Award.

Gold’s Gym provided support as national strategic partner and hosted the number one national team, raising nearly $562,000. Johnson & Johnson’s national team came in second, raising more than $300,000.

Perhaps the most notable ride this year was California’s Napa Tour de Cure, which shattered records by raising over $1 million. Much of that success can be credited to the local ADA staff and Tour de Cure committee, chaired for the past five years by Mark Fischer. Mark and his committee have taken a giant stand against diabetes by establishing and meeting very ambitious goals.

Through innovative leadership and comprehensive planning, Mark’s committee tripled the amount of money raised and doubled the number of riders in the past five years.

“It is a lot of hard work, but our passion has made it easy. My personal passion is that my two daughters never get this disease,” commented Mark, who has had diabetes for 33 years. “It is my ultimate goal that in the future, diabetes has the similar fate of polio and is completely wiped out.”
The American Diabetes Association’s Government Affairs and Advocacy division relies on the passion of Diabetes Advocates to improve health care access, fight discrimination, and increase the federal and states’ commitment to diabetes.

**Research and Prevention Funding**
In a challenging budgetary climate, the Association continues to fight vigorously for increased federal funding for diabetes research and prevention. In 2006, ADA launched the “Am I Worth a Dollar?” campaign, urging Congress to increase diabetes funding at the Centers for Disease Control and Prevention by $20.8 million, or one dollar for every American with diabetes. In addition, ADA urged Congress to increase diabetes research at the National Institutes of Health by $92 million, or 5 percent.

In March, L. Hunter Limbaugh, Chair of the ADA National Advocacy Committee, testified before the U.S. House Subcommittee on Labor, Health and Human Services and Education Appropriations, stressing the need for federal funding to keep pace with the growing diabetes epidemic. Additionally, attendees at ADA’s Scientific Sessions in Washington, D.C. signed a petition to Congress supporting increased funding for diabetes research and prevention.

At the state level, Arizona and New York each secured $1 million for diabetes prevention and control programs, while Illinois, Oklahoma, and Tennessee created new initiatives to fight diabetes.

**Stem Cell Research**
Our efforts to protect and expand stem cell research continued at both the state and federal levels. Following passage of a stem cell funding bill in the U.S. House of Representatives in 2005, ADA aggressively reached out to federal officials to support legislation to expand embryonic stem cell research. In July of 2006, after much hard work on the part of ADA’s volunteers and Advocacy staff, the Senate passed the Stem Cell Research Enhancement Act. Unfortunately, the bill was immediately vetoed by President Bush, resulting in a setback in medical enhancements that could potentially result in a cure for diabetes.

On the heels of victories in 2005 in California, Connecticut, Massachusetts, and New Jersey, ADA continues to be successful in protecting stem cell research, most recently in Maryland and Wisconsin.

**Diabetes Health Coverage**
ADA is committed to ensuring that all Americans with diabetes have access to health coverage that is affordable and adequate to their management needs. ADA fights cuts and negative changes to Medicaid while also proposing ways to strengthen the program for people with diabetes at both the federal and state levels. ADA has monitored the implementation of the Medicare prescription drug plan, and in 2006, ADA created a resource information center to help seniors navigate changes to Medicare.

**Legal Advocacy**
Our four-step process of educating, negotiating, litigating, and legislating to end discrimination against people with diabetes continues to produce legal advocacy successes.

**Safe at School Campaign**
ADA’s Safe at School campaign works on many fronts to ensure that students with diabetes are...
medically safe at school and have the same educational opportunities as other students. Victories this year included building a coalition of all of the major diabetes organizations in support of our campaign principles; the National Parent Teacher Association passing a resolution supporting ADA’s position; providing assistance to individual families around the country and training hundreds of attorneys, health care professionals, and parent advocates who could then assist families facing discrimination and educate schools on how to provide needed care; developing numerous educational resources including a treatise on the legal rights of students with diabetes; and passing diabetes care legislation in four states.

Workplace Discrimination
Legal advocacy achieved important victories in the courts. Numerous employers have taken the position that people with diabetes cannot be safe and productive workers while also arguing that diabetes is so easily controlled that people with diabetes do not merit protection from discrimination under federal law.

In December, Gary Brantham won a six-year battle with the Internal Revenue Service involving these two arguments when a federal jury ruled he was unfairly turned down for a promotion to a law enforcement position because of his diabetes. John Griffin, Chair of ADA’s Legal Advocacy Subcommittee, served as lead counsel in the case.

As a result of John’s efforts in another case involving Gilberto Wise and the United States Marshals Service, that agency has implemented a fair nationwide system for evaluating people with diabetes who want to serve as court security officers. ADA also helped secure an appellate victory for Rudy Rodriguez, who was unfairly turned down for a position in a factory even though the employer knew almost nothing about how diabetes affected him and his ability to perform the job. In all of these cases, ADA fights for each person with diabetes to be individually assessed based on what he or she can do, not summarily dismissed based on a diagnosis of diabetes.

ADA also scored an important legislative victory when, after years of ADA lobbying, Congress passed legislation in July 2005 that eliminated a major barrier to people with insulin-treated diabetes who want to work as commercial drivers. As a result of this legislative change, 105 individuals with insulin-treated diabetes now hold commercial driver’s licenses and are doing jobs previously off limits to them because of their diabetes. Many more will follow now that this blanket ban has ended.

Grassroots Advocacy
Throughout the year, advocates contacted their elected officials using ADA’s online action center, diabetes.org/advocacy.

On June 8, 2006, ADA organized the largest Call to Congress in its history, with more than 500 advocates coming to Washington, D.C., to meet with their U.S. representatives and senators. That same day, thousands of Diabetes Advocates throughout the country participated in a call-in campaign directed toward members of Congress.
Nicole Pedone

In May, Nicole Pedone came to Washington, D.C., to tell a powerful story: her own. Speaking to a large crowd outside the U.S. Capitol, Pedone, an Ohio native and ADA advocate, emotionally recounted how she developed type 1 diabetes when she was 10 years old and subsequently lost her eyesight soon after college because she did not have adequate health insurance due to the fact that she lived in a state where diabetes coverage was not mandated by law.

That week, the U.S. Senate considered legislation — the Health Insurance Marketplace Modernization and Affordability Act (S.1955) — that would have allowed insurers to bypass existing state diabetes coverage protections in 46 states and the District of Columbia, jeopardizing coverage for diabetes supplies, medication, and education.

Passage of the bill, Pedone noted, would mean that millions of individuals with diabetes who rely on private health insurance would confront the situation she faced.

Speaking from the Senate floor, U.S. Senator Dick Durbin of Illinois praised Pedone for telling her story.

Pedone was one of thousands of Diabetes Advocates who took a stand and appealed to their U.S. senators by phone calls, emails, letters and office visits in the weeks leading up to the vote on S.1955. Their voices were heard when the Senate defeated the bill on May 11.

Following the vote, Congressional Quarterly noted that ADA was among the “most visible opponents” of the bill.

That’s due to the commitment and outspokenness of advocates like Nicole Pedone.

Dana Lewis

Dana Lewis was diagnosed with type 1 diabetes four years ago, at the age of 14. Since then, she has decided to take a stand and make a difference for all children with diabetes.

As the American Diabetes Association’s 2005-2006 National Youth Advocate, Lewis served as an energetic spokesperson for ADA’s advocacy efforts, urging elected officials to increase diabetes research and prevention, expand stem cell research, and protect diabetes health coverage.

Lewis also crisscrossed the country, meeting other young people with diabetes at ADA-sponsored camps, participating in local fund raisers, and talking with the media about the seriousness of diabetes.

Through it all, she reached out to young people and adults alike, encouraging them to become involved in the fight against diabetes.

Speaking at ADA’s Call to Congress in June, Lewis told the large crowd in front of the Capitol, “When I was diagnosed with diabetes, I had a choice to make. I could either sit back and let diabetes control me or I could do something about it. You better believe I’m doing something about it!”

In the years to come, we know we can rely on Lewis to be outspoken in raising awareness of diabetes and ADA’s mission to defeat it.
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Fairwinds Credit Union
FamilyMeds, Inc.
Forest County Potawatomi Community Foundation
Fred Martin Motor Company
GE Consumer Finance
Health Alliance Plan
Hemrich & Berg, Inc.
Hooters of America
Huitz-Zollars, Inc.
Jamaica Juice Hawaii
Kinderd Healthcare
Kryphon, Inc.
La Grange Acquisition, L.P.
Legg Mason Wood Walker, Inc.
Lions Club International, District 22-W
Lockheed Martin Corporation
Louisville Slugger
Martin Marietta Materials
Medical Trends, SL
Navarro Discount Pharmacies
Oregon Trail State Volksport Association
PacificCare Health Systems Foundation
Recovery Place Inc.
Sam's Club, Inc.
State Farm Insurance
Stone Mountain Harley Davidson
Subaru Western Division
Sunbelt Communications
SYSCO/Louisville
The Home Depot
Tipton & Unroe Foot and Ankle Care
Tohono O'Odham Gaming Authority
Waco Ladies Auxiliary, Inc.
WellPoint, Inc.
XTO Energy

Note: The annual support represents the company's total giving to the American Diabetes Association in 2006 and includes grants, sponsorships, cause-marketing program, exhibiting and advertising.

*Denotes Banting Circle "Honor Roll" company because of a minimum $50,000 commitment to ADA's Research Program.
OFFICES

American Diabetes Association Offices

National Office
1701 N. Beauregard Street
Alexandria, VA 22311
(703) 549-1500

Community Offices

ALABAMA
Birmingham (205) 861-4731
Huntsville (256) 539-4404

ALASKA
Anchorage (907) 272-1424

ARIZONA
Phoenix (602) 861-4731
Tucson (520) 795-3711

ARKANSAS
Little Rock (501) 222-7444
Springdale (479) 771-6402

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Fresno-Visalia (559) 322-5692
Los Angeles (323) 966-2890
Sacramento (916) 654-4495
San Diego (619) 234-9897
San Francisco (510) 654-4499
Santa Ana (714) 662-7940

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Denver (303) 855-1102

CONNECTICUT
Hartford & New Haven (203) 639-0385

DISTRICT OF COLUMBIA
Washington Metro (202) 331-8303

DELAWARE
Wilmington (302) 656-0030

FLORIDA
Ft. Lauderdale (954) 772-8040
Jacksonville (904) 730-7200
Miami (305) 477-8998
Orlando (407) 660-1926
Pensacola (850) 478-9507
Tampa (813) 885-5007

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Atlanta (404) 320-7100
Savannah (912) 352-8110

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Honolulu (808) 947-5079

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Champaign-Decatur (217) 875-9011
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Indianapolis (317) 352-9226

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Des Moines (515) 276-2237

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Louisville (502) 452-6091

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New Orleans (504) 889-0278

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Washington Metro (202) 331-8303

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Detroit (248) 433-3830
Grand Rapids (616) 458-9341

MISOURI
St. Louis (314) 822-5490
Springfield (417) 890-8490

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Billings (406) 252-0616

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Omaha (402) 571-1101

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Las Vegas (702) 390-9995

NEW HAMPSHIRE
Manchester (603) 627-9579

NEW JERSEY
Bridgewater (732) 469-7979

NEW MEXICO
Albuquerque-Santa Fe (505) 266-5716

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Buffalo (716) 835-0274
Hauppauge (631) 348-0422
New York City (212) 725-4925
Rochester (585) 458-3040
Syracuse (315) 438-8887
Utica (315) 735-6434

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Raleigh (919) 743-5400

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Houston (713) 977-7796
Lubbock (806) 794-0691
McAllen (956) 631-1118
Odessa-Midland (432) 570-1232
San Antonio (210) 829-1785

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Burlington (802) 654-7716

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Norfolk (757) 424-6662
Richmond-Petersburg (804) 225-8038
Washington Metro (202) 331-8303

WASHINGTON
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Seattle (206) 282-4616
Spokane (509) 624-7478

WEST VIRGINIA
Charleston (304) 768-2596

WISCONSIN
Madison (608) 222-7775
Milwaukee (414) 778-5500

SOURCE: American Diabetes Association
For the first time, we’re reporting our results on a calendar year basis to coincide with our new fiscal year-end of December 31. We believe that a December year-end is a better fit with our business cycle, which will create new opportunities for efficiencies in our operations. To transition our year-end, our independent auditors performed an audit of our eighteen month financial statements, which cover the period of July 1, 2005 through December 31, 2006. The calendar year 2006 results presented here, reflecting our January 1, 2006 through December 31, 2006 results, are a twelve month subset of that eighteen month audited report.

We have also restated our 2005 performance to compare our results on a comparable, calendar year basis.

I’m pleased to share with you that our donors have once again increased their support to the American Diabetes Association, driving another year of record revenues at $230 million for the 2006 calendar year. This 10% growth over our calendar year 2005 revenue allows us to further build our commitment in the fight against diabetes.

Over 75% of our total expenses, or approximately $169 million, was invested in programs to improve the lives of people affected by this terrible disease. We strive to maximize our growth in diabetes research, information, advocacy and public awareness while maintaining an appropriate infrastructure and supporting our fundraising activities for continued growth.

Net income was $6.8 million, bringing the Association’s net assets to $70 million as of December 31, 2006.

I’ve had the pleasure and honor of serving as your Secretary/Treasurer for the past three and a half years. As I step down from this post, I take great pride in the Association’s progress over these years and the positive impact that we’ve had on people affected by diabetes. With your continued help and support, one day we will all live in a world without diabetes. Thank you for all that you do.

Stanley Panasewicz
Secretary/Treasurer

American Diabetes Association

Financial Highlights, December 31, 2006

STATEMENT OF ACTIVITIES (in thousands of dollars)

Public Support and Other Revenue
Donations $104,208
Special Events, Net 46,225
Bequests 28,354
Fees from Exchange Transactions 51,639
Total Revenue $230,326

Expenses
Research $54,999
Information 62,718
Advocacy and Public Awareness 50,986
Program Expense subtotal $168,703
Management 7,992
Fund Raising 46,869
Total Expenses $223,564
Net Income $6,762

STATEMENT OF FINANCIAL POSITION (in thousands of dollars)

Assets
Cash and Investments $62,715
Accounts Receivable, Net 5,271
Contributions Receivable, Net 34,046
Fixed Assets, Net 10,085
Other Assets 7,716
Total Assets $119,833

Liabilities
Accounts Payable and Accrued Liabilities $17,080
Line of Credit 9,000
Research Grants Payable 9,781
Deferred Revenues 14,102
Total Liabilities $49,963

Net Assets
Unrestricted Net Assets $27,651
Temporarily Restricted Net Assets 36,422
Permanently Restricted Net Assets 5,797
Total Net Assets $69,870
Total Liabilities and Net Assets $119,833

Due to the change in our fiscal year from June 30th to December 31st, our audited financial statements cover an eighteen month period. A complete copy of financial statements audited by our external auditors is available upon request from the American Diabetes Association, 1701 N. Beauregard Street, Alexandria, VA 22311 or on our Web site at diabetes.org.