

NORTH CAROLINA ADMINISTRATIVE CODE  
TITLE 10A. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CHAPTER 9. CHILD CARE RULES  
SECTION .0800. HEALTH STANDARDS FOR CHILDREN

10A N.C.A.C. 9.0803 (2009)

.0803 ADMINISTERING MEDICATION

The following provisions apply to the administration of medication in child care centers:

(1) No prescription or over-the-counter medication and no topical, non-medical ointment, repellent, lotion, cream or powder shall be administered to any child:

(a) without written authorization from the child's parent;

(b) without written instructions from the child's parent, physician or other health professional;

(c) in any manner not authorized by the child's parent, physician or other health professional;

(d) after its expiration date; or

(e) for non-medical reasons, such as to induce sleep.

(2) Prescribed medications:

(a) shall be stored in the original containers in which they were dispensed with the pharmacy labels specifying:

(i) the child's name;

(ii) the name of the medication or the prescription number;

(iii) the amount and frequency of dosage;

(iv) the name of the prescribing physician or other health professional; and

(v) the date the prescription was filled; or

(b) if pharmaceutical samples, shall be stored in the manufacturer's original packaging, shall be labeled with the child's name, and shall be accompanied by written instructions specifying:

(i) the child's name;

- (ii) the names of the medication;
  - (iii) the amount and frequency of dosage;
  - (iv) the signature of the prescribing physician or other health professional; and
  - (v) the date the instructions were signed by the physician or other health professional; and
- (c) shall be administered only to the child for whom they were prescribed.

(3) A parent's written authorization for the administration of a prescription medication described in Item (2) of this Rule shall be valid for the length of time the medication is prescribed to be taken.

(4) Over-the-counter medications, such as cough syrup, decongestant, acetaminophen, ibuprofen, topical antibiotic cream for abrasions, or medication for intestinal disorders shall be stored in the manufacturer's original packaging on which the child's name is written or labeled and shall be accompanied by written instructions specifying:

- (a) the child's name;
- (b) the names of the authorized over-the-counter medication;
- (c) the amount and frequency of the dosages;
- (d) the signature of the parent, physician or other health professional; and
- (e) the date the instructions were signed by the parent, physician or other health professional.

The permission to administer over-the-counter medications is valid for up to 30 days at a time, except as allowed in Items (6), (7), (8) and (9) of this Rule. Over-the-counter medications shall not be administered on an "as needed" basis, other than as allowed in Items (6), (7), (8) and (9) of this Rule.

(5) When questions arise concerning whether any medication should be administered to a child, the caregiver may decline to administer that medication without signed, written dosage instructions from a licensed physician or authorized health professional.

(6) A parent may give a caregiver standing authorization for up to six months to administer prescription or over-the-counter medication to a child, when needed, for chronic medical conditions and for allergic reactions. The authorization shall be in writing and shall contain:

- (a) the child's name;
- (b) the subject medical conditions or allergic reactions;

- (c) the names of the authorized over-the-counter medications;
- (d) the criteria for the administration of the medication;
- (e) the amount and frequency of the dosages;
- (f) the manner in which the medication shall be administered;
- (g) the signature of the parent;
- (h) the date the authorization was signed by the parent; and
- (i) the length of time the authorization is valid, if less than six months.

(7) A parent may give a caregiver standing authorization for up to 12 months to apply over-the-counter, topical ointments, topical teething ointment or gel, insect repellents, lotions, creams, and powders---such as sunscreen, diapering creams, baby lotion, and baby powder---to a child, when needed. The authorization shall be in writing and shall contain:

- (a) the child's name;
- (b) the names of the authorized ointments, repellents, lotions, creams, and powders;
- (c) the criteria for the administration of the ointments, repellents, lotions, creams, and powders;
- (d) the manner in which the ointments, repellents, lotions, creams, and powders shall be applied;
- (e) the signature of the parent;
- (f) the date the authorization was signed by the parent; and
- (g) the length of time the authorization is valid, if less than 12 months.

(8) A parent may give a caregiver standing authorization to administer a single weight-appropriate dose of acetaminophen to a child in the event the child has a fever and a parent cannot be reached. The authorization shall be in writing and shall contain:

- (a) the child's name;
- (b) the signature of the parent;
- (c) the date the authorization was signed by the parent.

(d) the date that the authorization ends or a statement that the authorization is valid until withdrawn by the parent in writing.

(9) A parent may give a caregiver standing authorization to administer an over-the-counter medication as directed by the North Carolina State Health Director or designee, when there is a public health emergency as identified by the North Carolina State Health Director or designee. The authorization shall be in writing, may be valid for as long as the child is enrolled, and shall contain:

(a) the child's name;

(b) the signature of the parent;

(c) the date the authorization was signed by the parent; and

(d) the date that the authorization ends or a statement that the authorization is valid until withdrawn by the parent in writing.

(10) Pursuant to G.S. 110-102.1A, a caregiver may administer medication to a child without parental authorization in the event of an emergency medical condition when the child's parent is unavailable, providing the medication is administered with the authorization and in accordance with instructions from a bona fide medical care provider.

(11) A parent may withdraw his or her written authorization for the administration of medications at any time in writing.

(12) Any medication remaining after the course of treatment is completed or after authorization is withdrawn shall be returned to the child's parents. Any medication the parent fails to retrieve within 72 hours of completion of treatment, or withdrawal of authorization, shall be discarded.

(13) Any time prescription or over-the-counter medication is administered by center personnel to children receiving care, including any time medication is administered in the event of an emergency medical condition without parental authorization as permitted by G.S. 110-102.1A, the child's name, the date, time, amount and type of medication given, and the name and signature of the person administering the medication shall be recorded. This information shall be noted on a medication permission slip, or on a separate form developed by the provider which includes the required information. This information shall be available for review by a representative of the Division during the time period the medication is being administered and for at least six months after the medication is administered. No documentation shall be required when items listed in Item (7) of this Rule are applied to children.