

## Know the Early Symptoms of Diabetes

The following symptoms of diabetes are typical. However, some people with type 2 diabetes have symptoms so mild that they go unnoticed.

Common symptoms of diabetes:

- Urinating often
- Feeling very thirsty
- Feeling very hungry - even though you are eating
- Extreme fatigue
- Blurry vision
- Cuts/bruises that are slow to heal
- Weight loss - even though you are eating more (type 1)
- Tingling, pain, or numbness in the hands/feet (type 2)

### Did you know?



Early detection and treatment of diabetes can decrease the risk of developing the **complications of diabetes.**

Learn about how your doctor **can make a diabetes diagnosis** or take our Risk Test to find out if you are at increased **risk for having type 2 diabetes.**