

SHARE YOUR STORY

This is our fight.
#ThisIsDiabetes

 American Diabetes Association.

NOVEMBER
2016
SHARE
YOUR
STORY

Thanks for helping us tell everyone that November is American Diabetes Month®.

To make your social media posts quick and easy, we've designed a "personal sign" that you can print out and hold up proudly. As you can see from the example, we just need a few words about your story. Tell us about your life with diabetes. Your normal routine. What others may be surprised to learn about the disease. Or how friends and family are living with diabetes.

Be creative! Just print (in landscape orientation), fill in the blank and grab a camera. And share all through the month of November.

We'll see you on social media (be sure to include #ThisIsDiabetes)!

This is fun. This is fast. This is how you can help.

Learn more at diabetes.org/adm

 American Diabetes Association®

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S H A R E Y O U R S T O R Y

This is _____.

#ThisIsDiabetes

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