



Main Stage Line Up...

9:30am – Link between Diabetes and Hearing Loss

Dr. Gail Swanstrom

American Academy of Audiology and Oregon Academy of Audiology

10:30am – A Holistic Approach to Diabetes Treatment

Dr. Jessie Butler

Northwest Natural Medicine, LLC

11:30am – The Feet: A Window to your Diabetes

Dr. Steve Tillett

Hillsdale Foot & Ankle Clinic & Portland Medical Center

American Podiatric Medical Association

Oregon Podiatric Medical Association

12:30pm – Research: Spotlight on Advancements in Type 1 & Type 2 Diabetes

Srinath Sanda, M.D.

Clinical Assistant Professor of Pediatrics University of Washington School of Medicine

Seattle Children's Hospital

Assistant Member and Clinical Investigator

Benaroya Research Institute Seattle, WA

1:30pm – Insulin: Myths and Realities

Joann Henderson-Collins

A1C Champion

Sponsored by:



2:30pm – The Feet: A Window to your Diabetes

Dr. Steve Tillett

Hillsdale Foot & Ankle Clinic & Portland Medical Center

American Podiatric Medical Association

Oregon Podiatric Medical Association

expoSM American Diabetes Association[®]

Dress comfortably and come join us in taking the first steps to getting active and having fun. All activities are perfect for beginners.

Our Activity stage will feature:

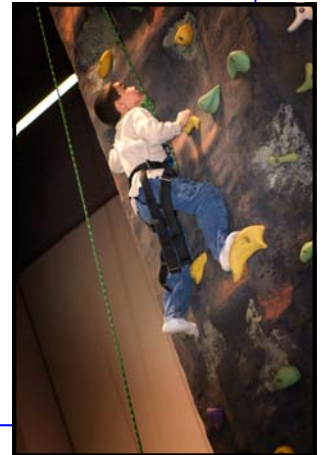
- Self Defense
- First Steps Walking Program
- Take a Spin...Cycling 101
- And more...

SAVE SOME \$\$\$\$

Find all your favorite ADA books on cooking, exercise and how to live with diabetes at the **ADA Bookstore** where books are available at **25% off** member prices and no shipping cost.

Interactive Activities for Kids:

- Rock Climbing Wall
- 55 Foot Inflatable Obstacle Course
- Wii Game Activities
- Arts and Craft
- Inflatable Bounce House
- and More...



Know Your Numbers...

Visit our Screening Zone, as well as other screening areas throughout the expo floor.

Screenings to include:

Blood Pressure, Visual Eye Sight, Hearing, Glaucoma, and much more...

Registration is Free!

Register at www.diabetes.org/oregonexpo or by calling 503.736.2770 or 1-888-342-2383.