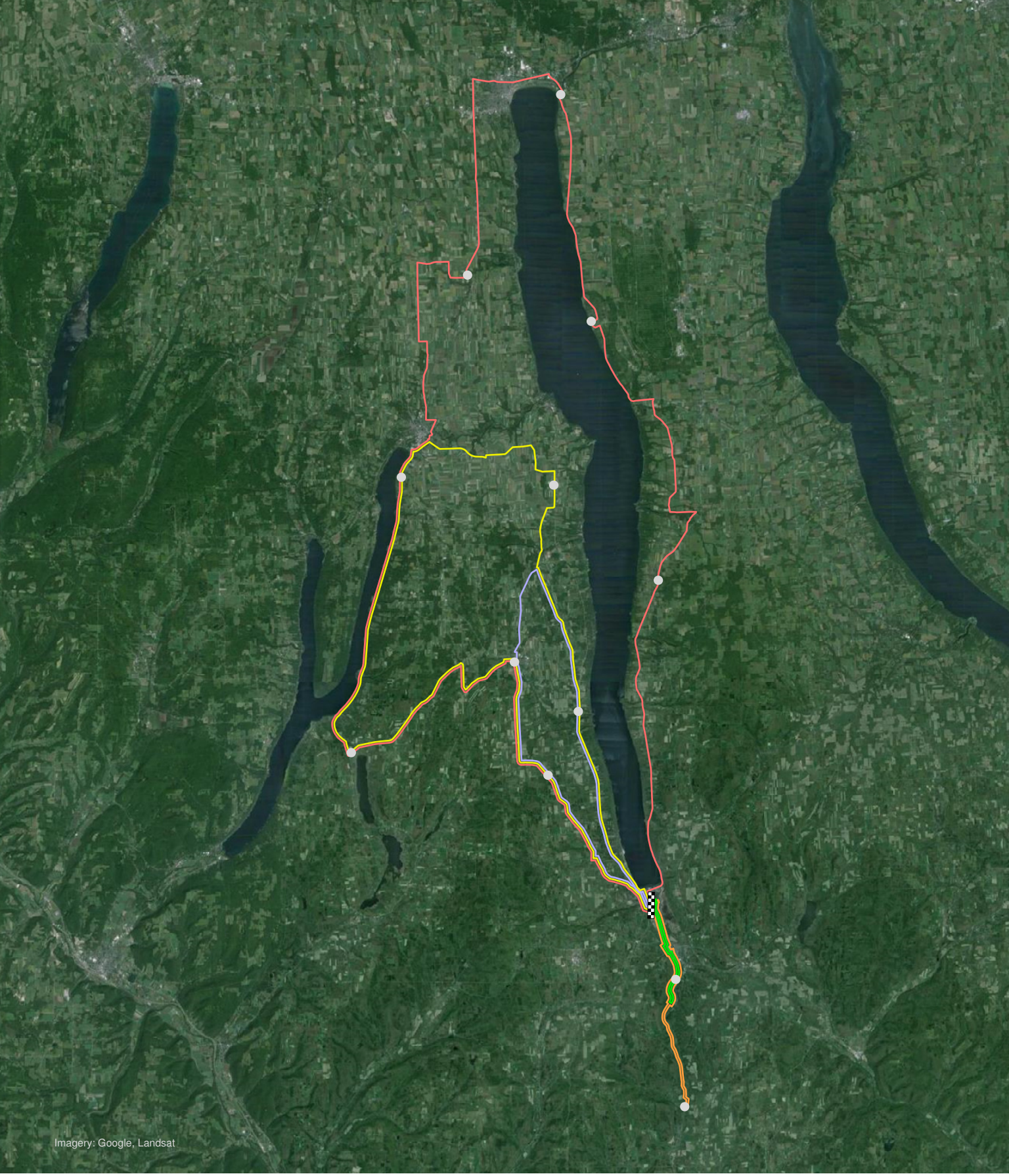

Finger Lakes Tour
Watkins Glen High School
August 15, 2015
http://tour.diabetes.org/

American Diabetes Association.
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Finger Lakes Tour
Watkins Glen High School
301 12th Street
Watkins Glen, New York
August 15, 2015

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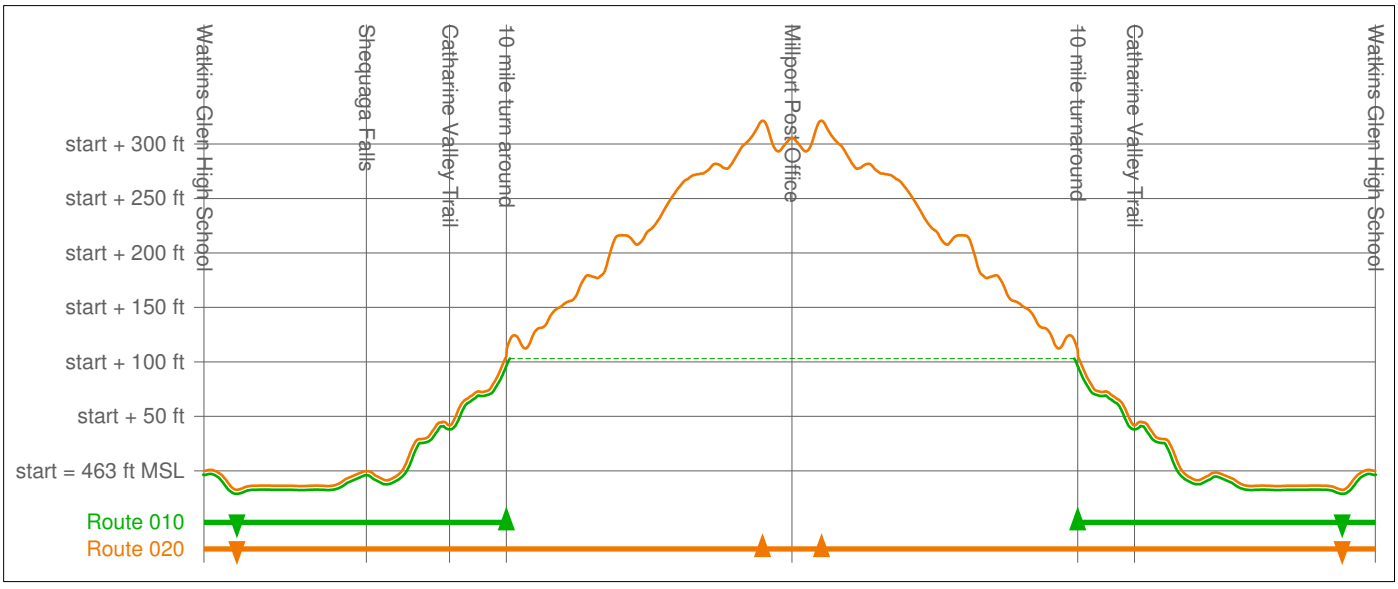
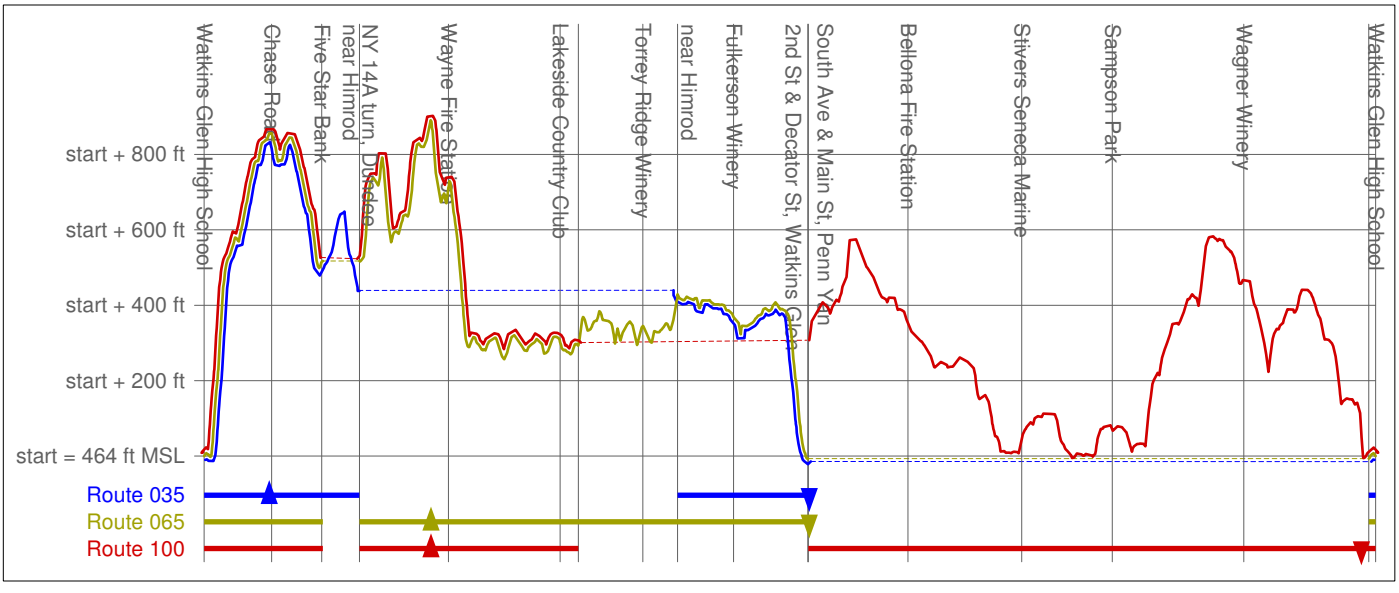
10 10 mile route – green
20 20 mile route – orange
35 35 mile route – blue
65 65 mile Metric Century – yellow
100 100 mile Nel's Tractor Century Ride – red
rest stop
start and finish
direction
Premier Sponsor
NEL'S TRACTOR
North St
Stivers Seneca Marine
Pre-Emption Rd
E Lake Rd
Bellona Fire Station
Flat St
Sampson Park
Seneca Lake
NY 96A
100
Himrod Rd
65
Lakeside Golf Course
Torrey Ridge Winery
NY 54
35
Five Star Bank
Wagner Winery
NY 230
Fulkerson Winery
Keuka Lake
Wayne Fire Station
NY 14A
NY 14
NY 414
Chase Road
Watkins Glen High School
10
CVT
Catharine Valley Trail
20
Millport Post Office
American Diabetes Association
TourdeCure 2015
Finger Lakes Tour
Watkins Glen High School
301 12th Street
Watkins Glen, New York
August 15, 2015
N
5 mi





	10	20	35	65	100
Check-In	9:15	8:45	7:45	6:45	6:30
Start	10:00	9:30	8:30	7:30	7:00
Route Closure	2:00	2:00	3:00	3:00	4:30
Minimum Speed (mph)	4	6	7	11	13
Total Distance (mi)	10.0	19.6	33.0	64.9	102.3
Rest Stops	2	3	3	6	8
Lowest Point (ft)	444	444	454	454	445
Highest Point (ft)	572	794	1,323	1,360	1,360
Total Climb (ft)	296	863	1,398	2,690	4,231
Sheets for Riding	3–6	3, 4, 7, 8	3, 4, 9, 10	3, 4, 11, 12	3, 4, 13–15

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