

Suffolk, VA
April 20, 2013

100 mi Route

Scale: 1" = 1650'

ROUTE SUMMARY:

From High School, turn LEFT on Kings Fork Rd
RIGHT on Matoaka Rd (go to end)
RIGHT on Girl Scout Rd
VEER LEFT onto Miners Rd
RIGHT on Lake Prince Dr
RIGHT on Everets Rd
LEFT on Kirk Rd (cross into Isle of Wight county)
LEFT on Quaker Rd
Hard LEFT on Woodland Dr
RIGHT on Orbit Rd

Rest Stop 1: Woodland United Methodist Church - Picnic Area 13.8 mi
Turn LEFT coming out of rest stop

VEER RIGHT to continue on Orbit Rd
VEER LEFT on Fiveforks Rd (turns Into Exeter Dr)
RIGHT on Lake Prince Dr
Cross Pruden Blvd Rt 460
Continue on Providence Rd
RIGHT on Kings Fork Rd
RIGHT on Joshua Ln (turns Into Archers Mill Rd)
LEFT on Old Myrtle Rd
Cross RR Tracks

Rest Stop 2: Western Branch Baptist Church 28 mi
From rest stop, turn RIGHT and continue on Old Myrtle Rd

LEFT on Buckhorn Rd
Cross RR Tracks
RIGHT on Indian Trail
Cross RR Tracks
Cross Kingsdale Rd
LEFT on Ruritan Blvd
RIGHT on Netherland Dr

Rest Stop 3: Holland Community Center 37.6 mi
From rest stop, turn RIGHT and then turn LEFT on Windmill Lane

RIGHT back on Ruritan Blvd
LEFT on Holland Rd at traffic light
RIGHT on Dutch Rd
Cross RR Tracks
RIGHT on Longstreet Ln (turns into Southwestern Blvd)
LEFT on O'Kelly Dr
RIGHT on Southwestern Blvd
LEFT on Holy Neck Rd
VEER RIGHT on Ellis Rd
LEFT on Gates Rd
LEFT on Pittmantown Rd

Rest Stop 4: 3417 Pittmantown Rd 50.6 mi
From rest stop, turn RIGHT and continue on Pittmantown Rd

LEFT on Arthur Rd
RIGHT on Spivey Run Rd

LEFT on Freeman Mill Rd
RIGHT on Mineral Springs Rd
LEFT on Whaleyville Blvd

Rest Stop 5: Whaleyville Fire Station 8 Whaleyville Community Center 61 mi
From rest stop, turn RIGHT and continue on Whaleyville Blvd

RIGHT on Mineral Springs Rd
RIGHT on Longstreet Ln
RIGHT on Quaker Dr
VEER RIGHT and stay on Quaker Dr (Near Dutch Rd)
RIGHT on Boxelder Rd
LEFT on Manning Rd
RIGHT on W Liberty Spring Rd
LEFT on N Liberty Spring Rd

Rest Stop 6: Liberty Springs Christian Church 76.1 mi
From rest stop, turn RIGHT and continue on N Liberty Spring Rd

LEFT on Copeland Rd
LEFT on Manning Rd
RIGHT on Quaker Dr
RIGHT on Porterfield Ln
VEER RIGHT onto Lummis Rd
Cross RR tracts - (Rough)
RIGHT on Copeland Rd
Cross RR tracts - (Rough)
LEFT on Manning Rd
Cross RR tracts

Rest Stop 7: Bethlehem Ruritan Club 91.2 mi
From rest stop, turn RIGHT and continue on Manning Rd

RIGHT on Wilkins Dr
LEFT on Staley Dr
RIGHT on Griggs St
LEFT on Turlington Rd
GO UNDER Route 13/58
LEFT on Kilby Shores Dr
RIGHT on Holland Rd
LEFT on Lake Cohoon Rd
VEER LEFT and stay on Lake Cohoon Rd
RIGHT on Lake Meade Dr
RIGHT on Kings Fork Rd
LEFT on Providence Rd
Cross Pruden Blvd Rt 460
CONTINUE on Lake Prince Rd
RIGHT on Girl Scout Rd
RIGHT on Matoaka Rd
LEFT on Kings Fork Rd
END at Kings Fork High School

TOTAL MILEAGE = 102.8 miles
Congratulations!!

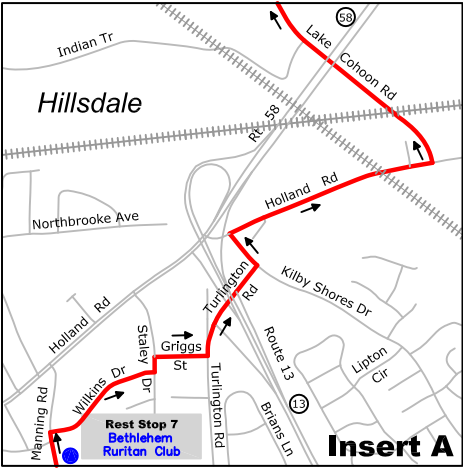
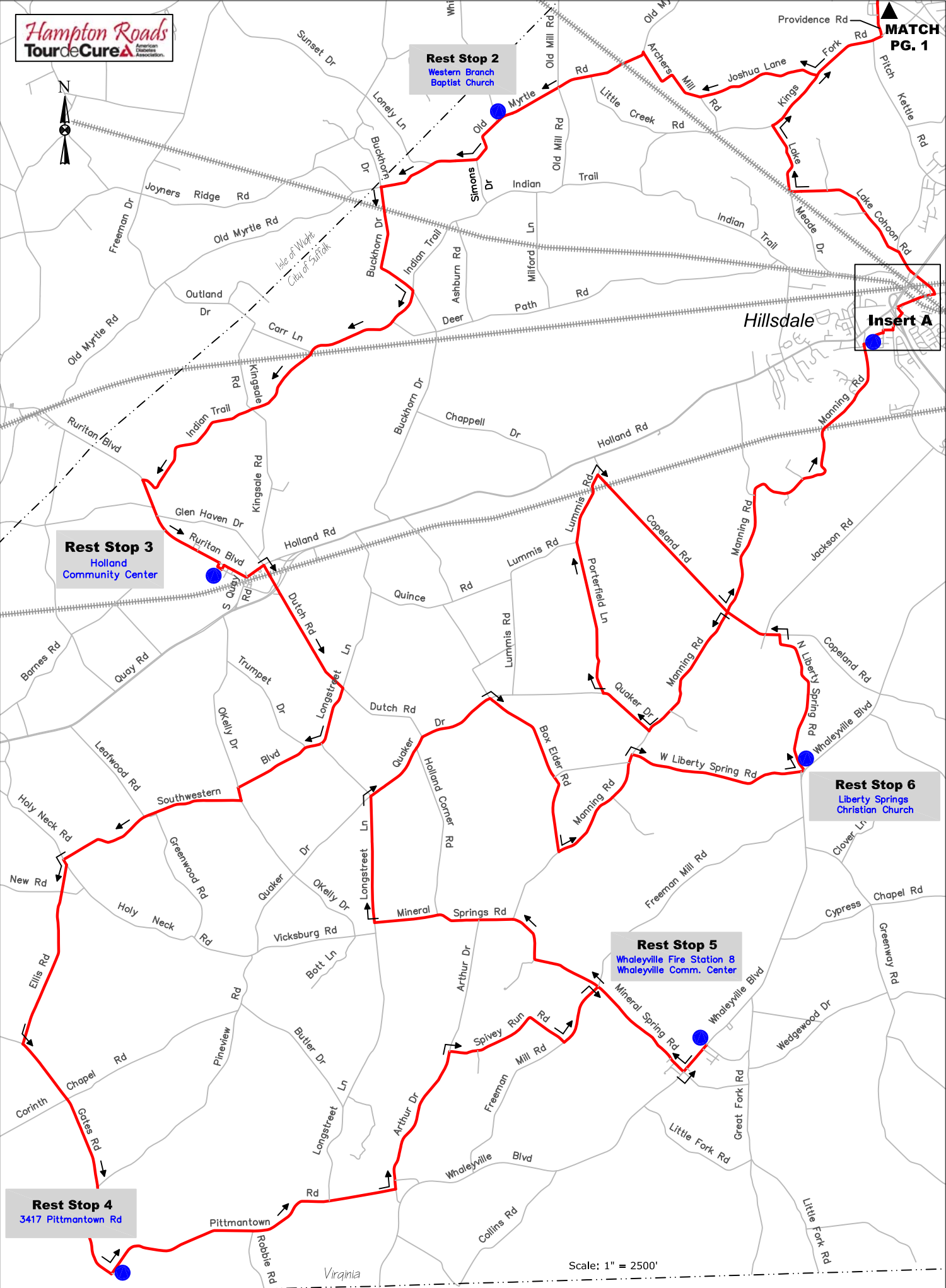
Rest Stop 1
Woodland United Methodist Church

Start/End
Kings Fork High School

MATCH PG. 2



TOGETHER WE CAN
STOP
DIABETES
American Diabetes Association.



REST STOP & MILEAGE SUMMARY:

RS #	RS Location	Miles to Next RS	Miles to go	Miles Done
Start	Kings Fork High School	13.8	102.8	0
1	Woodland United Meth. Church	14.2	89	13.8
2	Western Branch Baptist Church	9.6	74.8	28
3	Holland Community Center	13	65.2	37.6
4	3417 Pittmantown Rd	10.4	52.2	50.6
5	Whaleyville Fire Station 8 Whaleyville Community Center	15.1	41.8	61
6	Liberty Spring Christian Church	15.1	26.7	76.1
7	Bethlehem Ruritan Club	11.6	11.6	91.2
End	Kings Fork High School	0.0	0.0	102.8