

Suffolk, VA

April 20, 2013

65Mi Route



TOGETHER WE CAN
STOP
DIABETES.

American Diabetes Association.

Rest Stop 2

Woodland United
Methodist Church

Rest Stop 1 & 6

Veterans Memorial
Maintenance Entrance

Rest Stop 3 & 5

Western Branch
Baptist Church

Start/End

Kings Fork
High School

REST STOP & MILEAGE SUMMARY:

RS #	RS Location	Miles to Next RS	Miles to go	Miles Done
Start	Kings Fork High School	5.0	64.5	0
1	Veterans Mem. Maintenance Ent.	8.8	59.5	5.0
2	Woodland United Meth. Church	14.2	50.7	13.8
3	Western Branch Baptist Church	9.6	36.5	28
4	Holland Community Center	8.3	26.9	37.6
5	Western Branch Baptist Church	13.6	18.6	45.9
6	Veterans Mem. Maintenance Ent.	5.0	5.0	59.5
End	Kings Fork High School	0.0	0.0	64.5

Hampton Roads
Tour de Cure
American Diabetes Association

Suffolk, VA
April 21, 2012

65Mi Route

ROUTE SUMMARY:

From High School, turn LEFT on Kings Fork Rd
RIGHT on Matoaka Rd (go to end)
RIGHT on Girl Scout Rd
Veer LEFT onto Milners Rd
RIGHT on Lake Prince Dr

**Rest Stop 1: Veterans Memorial
Maintenance Entrance** **5.0 mi**

From rest stop, turn RIGHT and continue on Lake Prince Dr

RIGHT on Everets Rd
LEFT on Kirk Rd (cross into Isle of Wight county)
LEFT on Quaker Rd
Hard LEFT on Woodland Dr
RIGHT on Orbit Rd

**Rest Stop 2: Woodland United
Methodist Church - Picnic Area** **13.8 mi**

Turn LEFT coming out of rest stop

VEER RIGHT to continue on Orbit Rd
VEER LEFT on Fiveforks Rd (turns into Exeter Dr)
RIGHT on Lake Prince Dr
Cross Pruden Blvd Rt 460
Continue on Providence Rd
RIGHT on Kings Fork Rd
RIGHT on Joshua Ln (turns into Archers Mill Rd)
LEFT on Old Myrtle Rd
Cross RR Tracks

**Rest Stop 3: Western Branch
Baptist Church** **28 mi**

From rest stop, turn RIGHT and continue on Old Myrtle Rd

LEFT on Buckhorn Rd
Cross RR Tracks
VEER RIGHT on Indian Trail
Cross RR Tracks
Cross Kingsdale Rd
LEFT on Ruritan Blvd
RIGHT on Netherland Dr

Rest Stop 4: Holland Community Center **37.6 mi**

From rest stop, turn RIGHT and then LEFT on Windmill Ln

RIGHT back on Ruritan Blvd
LEFT on Holland Rd at traffic light
LEFT on East Glenhaven Rd
RIGHT on Kingsdale Rd
RIGHT on Indian Trail
Cross RR Tracks
Cross Buckhorn Rd and continue on Indian Trail
LEFT on Simons Dr
RIGHT on Old Myrtle Rd

**Rest Stop 5: Wester Branch
Baptist Church** **45.9 mi**

From rest stop, turn LEFT and continue on Old Myrtle Rd

Cross RR Tracks
RIGHT on Archers Mill Rd
VEER LEFT and continue on Joshua Lane
LEFT on Kings Fork Rd
LEFT on Providence Rd
Cross Pruden Blvd Rt 460
Continue on Lake Prince Dr
LEFT on Exeter Dr (turns into Fiveforks Rd)
HARD RIGHT on Everets Rd
RIGHT on Milners Rd
LEFT on Lake Prince Dr

**Rest Stop 6: Veterans Memorial
Maintenance Entrance** **59.5 mi**

From rest stop, turn LEFT and continue on Lake Prince Dr

LEFT on Milners Rd
RIGHT on Girl Scout Rd
LEFT on Matoaka Rd
LEFT on Kings Fork Rd
END at Kings Fork High School

TOTAL MILEAGE = 64.5 miles

Congratulations!!

