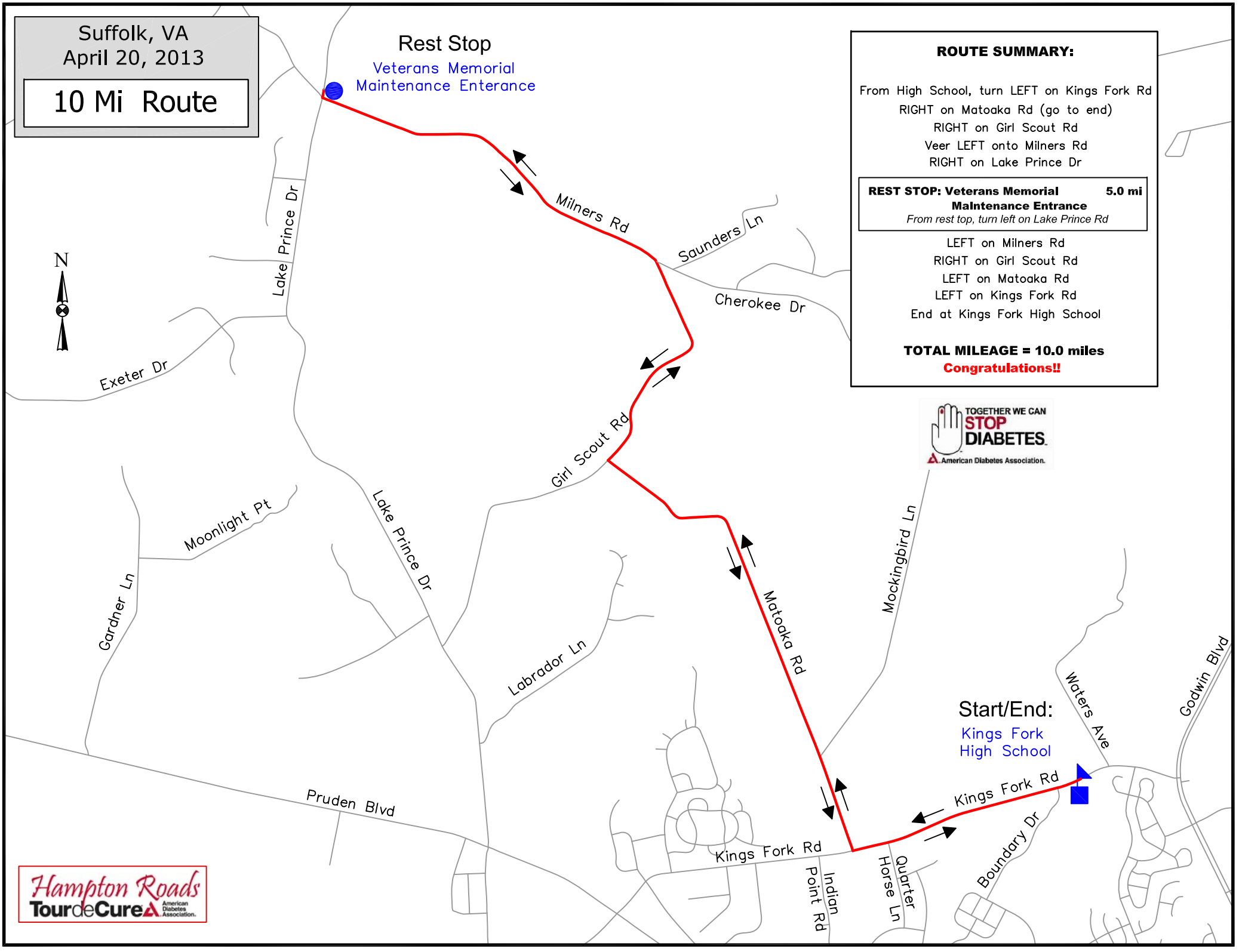

Suffolk, VA
April 20, 2013
10 Mi Route
Rest Stop
Veterans Memorial
Maintenance Enterance
ROUTE SUMMARY:
From High School, turn LEFT on Kings Fork Rd
RIGHT on Matoaka Rd (go to end)
RIGHT on Girl Scout Rd
Veer LEFT onto Milners Rd
RIGHT on Lake Prince Dr
REST STOP: Veterans Memorial Maintenance Entrance 5.0 mi
From rest top, turn left on Lake Prince Rd
LEFT on Milners Rd
RIGHT on Girl Scout Rd
LEFT on Matoaka Rd
LEFT on Kings Fork Rd
End at Kings Fork High School
TOTAL MILEAGE = 10.0 miles
Congratulations!!
N
Milners Rd
Saunders Ln
Cherokee Dr
Lake Prince Dr
Exeter Dr
Girl Scout Rd
Moonlight Pt
Gardner Ln
Lake Prince Dr
Labrador Ln
Matoaka Rd
Mockingbird Ln
TOGETHER WE CAN STOP DIABETES
American Diabetes Association.
Start/End:
Kings Fork
High School
Waters Ave
Godwin Blvd
Kings Fork Rd
Boundary Dr
Pruden Blvd
Kings Fork Rd
Indian Point Rd
Quarter Horse Ln
Hampton Roads TourdeCure American Diabetes Association.